abba Superbike Stand Instructions For Use





After removing the stand from the box you should have: The two large red sections, the gold threaded T bar, the gold "Standard sleeve" and the 8mm black thumb screw. Firstly fit the gold T bar through the hole on the stand and wind into the nut. Next slide the gold "Standard sleeve" over the thread as shown in the picture above.





You have chosen the very best stand for your motorcycle used by 1000's of satisfied motorcyclists worldwide. Just follow these simple steps to start using your stand.



Next, with the bike leaning on its own prop/side stand fit the handle section of the stand to the left hand (near side) of the bike with the stand base in front of the prop stand, inserting the fitting into the hole or over the swing-arm pivot nut head.



Walk around to the other side of the bike and slide the small section of the stand over the base of the handle section previously fitted, being careful not to push the handle section off. (Hold in place with left hand as per picture above).



Tighten thumb screw securely (as tight as possible by hand).



Tighten large "T" bar hand tight. This just needs a few turns to take the slack out of the stand (do not over tighten).



Stand the bike upright ensuring the handle bars are straight. Next, hold the handlebar of the bike with your left hand and pull out the extension lever to the top then lift bike with your right hand (pulling forwards).



That's it! You should now have your bike sitting securely on the stand. Your bike can be left indefinitely in this position. To remove stand: Lower the stand by pulling handle towards the rear of the bike remembering to resist handle when stand passes pivot point. Then slowly lower to ground. Finally repeat the above steps in reverse order.

Note: Swing-arm pivot covers may need to be removed on some models.